

# BUILD YOUR OWN



## 1. FIRST, CHOOSE YOUR POKÉ

Choose 1 or add multiple

Straight up tuna (Naked/GF)

Straight up salmon (Naked/GF)

Miso salmon (GF)

Sesame tuna (GF)

Spicy sriracha salmon (GF) 🌶️

Spicy Korean tuna (GF) 🌶️

**£8 / +£2.5** extra scoop

Lemon pesto chicken (GF)

**£7 / +£2** extra scoop

Sesame roast tempeh (V/VE/GF)

**£6.5 / +£1.5** extra scoop

Hoisin THIS isn't chicken (V/VE)

**£6.8 / +£1.8** extra scoop

The straight up,  
all salad, no poké bowl

**£5.5 / Choose 5** salads

## 2. THEN ADD 4 SALADS

Choose up to 4 salads (5 if no poké)



Bean sprouts

Charred corn

Edamame

Grated carrot

Kimchi cucumbers

Mango

Pickled ginger

Pineapple

Salted cabbage

Seaweed salad

Shaved radish

Shaved lemon fennel

Steamed broccoli

Sweet pickled beets

Tomato Lomi

Add **Kimchi (+75p)**, **Umami mashed avocado (£1)** or **Miso soup (£1)** to any bowl

## 3. PICK A BASE

Choose 1 or go 50/50

Raw slaw

Mixed leaf

Wholegrain sushi rice

Coconut brown rice

Courgetti & napa cabbage

All dressed with our gluten free Lords Unagi.

Wasabi aioli is optional.



## 4. AND THEN PIMP IT!

Add an optional Lords sauce, then help yourself to crispy toppings at our **FREE DIY** toppings bar!

Add a miso soup to your lunch for just **£1**



Follow us on Instagram @lordsofpoke and tag your bowls #lordsofpoke #straightup #Lordsbowls

Please speak to a member of staff if you have any allergies, intolerances or dietary restrictions. All poké contain sesame seeds. All our salads are vegan friendly and gluten free unless otherwise stated.